

National Service Scheme



NSS Programme Officer

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The NSS aims in developing the inner potentialities and transforming the students mentally to fit into the society to which he/she belongs. Regular Camps and Special NSS camps are being organized by NSS Unit, organizing different educational, social, developmental, community service programs at Campus and villages. The special training program on different social problems like AIDs etc. are also being organized by Home Science unit as per the directives of the Department of Youth Affairs & Sports, Government of India and the NSS Regional Centre from time to time. Besides regular activities of cleanliness, Shramdan, tree plantation in the campus the unit is also engaged in social and community works in the adopted Villages.

Important weeks and national days like World Breast Feeding Week, International Youth Day, NSS Day, International Literacy Day, and National Integration Day, etc. are also celebrated by the unit. The NSS Volunteers are also successfully participating in different training programs and National Integration Camps, etc.

The NSS Unit of Home Science has been fulfilling the objectives of NSS by encouraging and supporting active participation of youth in the process of socially valuable and nation building activities and has also been important in development of personality of the youth. With the objectives of NSS, it is there to develop multidisciplinary personality of the student youth so as to gain skills in mobilising community participation, acquire leadership qualities and democratic attitudes, develop capacity to meet emergencies and natural disasters, etc. along with their academics.

Activities

The NSS activities undertaken from April 2014 to March 2015 are as under:

- Total 15 students have been enrolled as NSS volunteers for the session 2014-15
- An orientation programme was organized on 27th July 2014 with the aim to acquaint the
 - NSS volunteers about aim, objectives, activities, examination, celebration of National and International days/week and special camp to be observed under NSS programme.
 - A survey was conducted by the NSS volunteers for the selection of village for NSS activities for the year 2014-15. On the basis of results of the survey Village “Beechadi” has been identified and adopted for the implementation of community welfare activities.
- Shramdan - NSS volunteers did Shramdan for maintaining cleanliness in and around college and hostel premises and for the maintenance of college garden.



- Plantation of 130 plants under 100 days agenda for Governance- NSSRC, Jaipur and Prepared seedlings of ornamental plants for college and hostel garden.
- NSS Program Officer attended three days training on “Sensitization of urban youth on gender based violence in Rajasthan” organized by Society to uplift rural economy in collaboration with JRN University Udaipur from 22-24 Sept 2014.

SWACHH BHARAT MISSION PROGRAM

- NSS volunteers observed Swachh Bharat Mission Program on 2nd Oct. 2014. On the day following activities have been initiated-
 - All members of college of Home Science took oath for swachhta to maintain cleanliness in surroundings and 100 hrs volunteer services to sanitation in a year.
 - A rally was conducted to build awareness in public about cleanliness of houses/premises.
 - Removal of debris and garbage heaps in the university and college premises.
 - Poster making competition - Clean India
 - Organized one film show on “ApneAapKoSurkshitKeseRekhe”



REPUBLIC DAY CELEBRATION

- All the NSS Volunteers of Home science unit participated in Republic Day Parade on 26 th January, 2015 held at the university ground. Prof. O.P. Gill, Hon'ble Vice Chancellor, MPUAT was the Chief Guest of the occasion. The Dean, Directors, Faculty members and students of MPUAT were present.
- All the NSS Volunteers of Home science unit participated in one day training program on “Road Safety” on 26.02.15 organised by Adhar Foundation and Traffic Police Udaipur at police line, Udaipur.

NSS SPECIAL CAMP

- A seven days special camp from 16 March 2015 to 22 March 2015 has been organized on the theme “A step towards clean India”. The highlights of the camp are as follows:-
 - **Yoga and meditation** - To make the volunteers stress free and feel relaxed the day was started with yoga and meditation.
 - **Lecture and Discussion** – Lectures on water conservation, household sanitation, sanitation of locality and public places , improved cattle sheds, harmful effects of polythene, personality development, stress management ,safe driving etc. have been delivered by the guest speakers in which all volunteers actively participate in discussion.



COMMUNITY WELFARE ACTIVITIES

The following Community welfare activities **have** been organized at village Beechadi-

- **Rally** – A rally has been conducted in village to make the people aware about clean environment.
- **Role play**- Two Role plays on “save girl child” and “water sanitation have been performed by the volunteers in the village.
- **Demonstration**- Demonstrations on Dustbin making, Double layered filter cloth and Domestic methods of water filtration have been organized
- **Cleaning around drinking water sources**- Volunteers and rural women cleaned the area around handpumps and well.

VISITS

- The NSS volunteers visited Deptt. of renewable energy sources CTAE, Rain water harvesting structure at domestic level, Animal production deptt. RCA and Ahar museum.



COMPETITION

- A competition on **Collage** making on **Clean India** has been organized and winner were awarded.

FILM SHOW

- Two film show on **Uskaaana** and **Gender Blender** have been Organized for the volunteers.